

# ATTENTION!

## Nutrition, Physical Education & Culinary Arts Students

### CANFIT Scholarships

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#### What is CANFIT?

The mission of **CANFIT** is to work with communities and policymakers to develop culturally resonant policies and practices that improve food and physical activity environments for adolescents in low income communities and communities of color. We are providing undergraduate and graduate scholarships to encourage more students to consider careers in the areas of nutrition, physical education, public health and culinary arts that can help serve this mission.

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#### Who can apply?

California residents of African-American, American Indian/Alaska Native, Asian American, Pacific Islander or Latino/Hispanic descent, attending schools in the state of California, and expressing financial need. In addition:

<b>Graduate Students must:</b>	<b>Undergraduate Students must:</b>
<ul style="list-style-type: none"><li>- be enrolled in an approved masters level or doctoral graduate program in Nutrition, Public Health or Physical Education, or an American Dietetic Association Pre-Professional Practice Program.</li><li>- have completed 12-15 units of graduate course work with a 3.0 or better cumulative GPA.</li></ul>	<ul style="list-style-type: none"><li>- be enrolled in an approved bachelors program in Nutrition, Physical Education or Culinary Arts.</li><li>- have completed 50 semester units with a 2.5 or better cumulative GPA. (Culinary Arts students do not have to have completed any college units.)</li></ul>






#### How do I apply?

It's easy! After completing the application packet (call us at 510-644-1533, ext 112 or download it from our website at [www.canfit.org](http://www.canfit.org)), just send in the following by **March 31st**:

1. A completed (and signed) Application Cover Sheet. (Download form)
  2. A completed (and signed) Statement of Financial Status. (Download form)
  3. Recommendations from TWO individuals. (i.e., professors, employers, community leaders) (Download form)
  4. A letter (1-2 typed pages) describing your academic goals and involvement in community nutrition and/or physical education activities.
  5. A 500-1,000-word essay on the following topic:  
*Youth from low income communities of color often do not have access to safe areas for physical activity or affordable fresh fruits and vegetables. What steps can the average adult take on a personal, community and national level to combat these conditions?*
  6. A photograph of yourself (billfold size or larger) to be published online and in our newsletter for scholarship recipients.
  7. One copy of official transcripts of graduate course work to 12-15 units (for graduate applicants) or official transcripts of all college work to accrue 50 units (for undergraduate students). Culinary Arts students do not need to send in transcripts.
- \*Applicants will be notified of award status by June 15th.  
\*Checks will be mailed to educational institution and are to be used toward tuition and fees.

<p>Mail original and three <b>ADDITIONAL</b> copies of each document (except transcript and photo) by <b>March 31st</b> to: <b>CANFIT Scholarships</b> <b>PO Box 3989</b> <b>Berkeley, CA 94703</b></p>
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