

Trainings in Physical Activity for Youth Providers

Organizations	Area	Contact	What They Do	Target Population	Types of Trainings	*Training Costs
CATCH www.catchinfo.org 1-(866) 346-6163	Texas/ National	Peter Cribb training@ CATCHinfo.org	CATCH is an in-school health program which builds a network of youth providers to teach children and their families how to be healthy and promote healthy living in the community.	Serves children of all ages in School Communities. Provides trainings in areas across the country.	Has formal CATCH trainings in: Implementation, Orientation, Component Specific, Booster, Evaluation, Recreation and AS Care.	Training: 1 full day (7 hours) for each training Cost: approx. \$3500/per training on a sliding scale with a min of 20 and a max of 70 participants.
NASPE Physical Best www.aahperd.org/naspe/ physicalbest 1-(800) 213-7193	National	Susan Schoenberg sschoenberg@ aahperd.org	Physical Best combines with the Fitness Gram/Activity Gram to provide resources and professional development workshops for PE Instructors working with youth of all ages.	For mainly K-12 PE Instructors who wish to enhance their skills in teaching physical activity. Currently serving school districts in areas across the country.	Offer 2 certifications: Health-Fitness Specialist Certification and Instructor Certification. They also have a training designed for youth providers and staff of K-12 youth.	Training: 1/2 & full day available Cost: In-service workshops cost \$2500 for a full day and \$1500 for a half-day training with a max of 50 participants.
Play Works www.playworks.org (510) 893-4180	SF Area/ East Coast	Alex Pratt apratt@ playworksusa.org	Play Works promotes play from a physical, emotional, and cognitive standpoint and uses physical activity programming as a framework for youth development.	Works with staff of low-income public schools and after school programs with 50% or more free or reduced-lunch-eligible students.	Play Works program includes 5 components that are implemented at each school and has trainings in Sports & Play, Conflict Resolution, and Violence Prevention.	Training: 1/2 & full day available Cost: 1/2 day training (max of 4 hrs, up to 30) - \$1,200 Full-day training (4-7 hrs, up to 30) \$2,000 Additional lead trainer (for 30-60 participants).
SPARK www.sparkpe.org 1-(800) SPARKPE	Statewide/ National	Bruce Bettey bbettey@ sparkpe.org	SPARK provides a training method (organized by age level) for youth providers on how to incorporate activity into their school programs. Also works with AS & Rec Programs.	Serves K-8 youth providers in California and nationwide. Also targets PE Teachers who want to enhance their curriculum.	SPARK has workshops and curricula on how to implement SPARK that are specific for these 6 areas: Early Childhood, K-2, 3-6, 6-8, Lifelong Wellness, and After School.	Training: Standard 1 day (6 hours) or Premium 2 day (12 hours) trainings available Cost: \$2499 for Standard; \$4499 for Premium with a max of 40 participants.
Sport For All www.sportime.com/sportime- shared/resources/sportforall 1-(800) 283-5700 ext. 7260	National	Joe Gooden jgooden@ sportime.com	Sport For All is designed to teach young children sport-related skills in appropriate ways so they can enjoy participating in sport and health-related physical activities more frequently.	Targets rural, suburban and urban communities of youth of all ages. Works with both school and after school programs and activities.	Has 3 Leader trainings: SportFun (for ages 3-5), SportPlay (for ages 5-7), SportSkill Basic (for ages 8-10). They have certified trainings that are held annually.	Training: 1/2 & full day available Cost: ranges from a min. of \$1,000 for Basic Training to \$2,100 for program equipment and training for all three modules.
Team-Up for Youth www.teamupforyouth.org (510) 663-9200	SF Area	Victoria Gevlin victoriag@ teamupforyouth.org	Team-Up provides trainings for youth development in AS programs & believes that sports can be a powerful vehicle to encourage the development of youth.	Targets youth of all ages (especially girls) in low-income neighborhoods around the SF Bay Area.	Has a variety of community-based trainings which include: Team-up Training camp, Girls in Sports, Measuring Quality, Games Games Games & Positive Behavior Management.	Training: 1/2, full, and 2 day trainings available Cost: 1/2 day - approx. \$30-\$50 per person. 2-day -\$100/per person with a max of 20 participants.

*Pricing may change. Check with group directly for more info.



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