There’s no band or caterer to hire, which means all proceeds are entirely tax-deductible and go directly to support CANFIT programs. Since 1993, CANFIT has been at the heart of the movement to increase healthy eating and physical activity among adolescents in low income communities and communities of color. In honor of our 18 years of operation, our goal is $18,000.

There is no November 31—stay home while benefitting CANFIT at the same time.

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See www.canfit.org for more information about our work.